

Mental Maths Activities

Here are some Mental Maths activities for you to try each day. The activities are in different colours. You choose the colour that suits you - the activities are similar apart from the numbers. And remember it's mental maths so there is no need for pen and paper!

Monday

- ☐ Counting forwards: start at 592 & count up to 621
- ☐ Name the number that comes after: 412; 399; 800

- ☐ Counting forwards: start at 96 & count up to 115
- ☐ Name the number that comes after: 40; 69; 99

- ☐ Counting forwards: start at 15 & count up to 29
- ☐ Name the number that comes after: 13; 20; 22

Tuesday

- ☐ Counting backwards: start at 422 & count back to 398
- ☐ Name the number that comes before: 111; 500; 876

- ☐ Counting backwards: start at 112 & count back to 96
- ☐ Name the number that comes before: 50; 71; 76

- ☐ Counting backwards: start at 17 & count back to 2
- ☐ Name the number that comes before: 18; 10; 5

Wednesday

- ☐ Skip Counting: count in 6s from 6 to 60
- ☐ Can you do the same backwards?

- ☐ Skip Counting: count in 10s from 10 to 100
- ☐ Can you do the same backwards?

- ☐ Skip Counting: count in 5s from 5 to 50
- ☐ Can you do the same backwards?

Thursday

- ☐ Mental Addition: Try these in your head

$22 + 10$	$68 + 2$
$33 + 11$	$167 + 300$

🔍 Mental Addition: Try these in your head

Double 4 plus 1

Double 3 plus 4

Double 7 plus 2

Double 6 plus 2

🔍 Mental Addition: Try these in your head

Double 5

Double 7

Double 3

Double 6

Friday

🔍 Mental Subtraction: Try these in your head

43 - 3

67 - 20

58 - 10

348 - 200

🔍 Mental Subtraction: Try these in your head

Double 4 & take away 2

Double 8 & take away 4

Double 9 & take away 7

Double 10 & take away 5

🔍 Mental Subtraction: Try these in your head

10 - 5

10 - 8

10 - 7

10 - 9